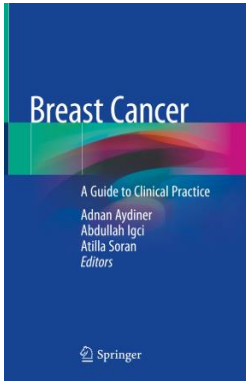


## Book shelf

# Breast Cancer: A Guide to Clinical Practice

Aydiner, Igci, Soran

### REVIEW INFO



Publisher:  
Springer

ISBN:  
978-3-319-96946-6

RRP:  
£139.99

RAD Magazine price:  
£122.49\*

### REVIEW

*Book reviewed by Dr Janet Litherland, consultant breast radiologist, Glasgow Royal Infirmary and West of Scotland Breast Screening Service.*

The diagnosis and treatment of breast cancer is a swiftly changing landscape in today's medical world and the authors are to be congratulated on producing a topical, well-referenced text that will be invaluable to any professional needing a comprehensive update. Gold standard breast cancer care, as the authors point out, now includes an integrated multidisciplinary team approach and this text reflects that standard in covering all the main disciplines involved in both the diagnosis and treatment of breast cancer.

The first section concentrates on decision pathways in breast cancer management including presentation, history and physical examination of the patient, the staging and appropriate treatment pathways for each tumour type. This is of particular value as treatment strategies are now related to the biology of the tumour in many cases and the clear and well-presented tables demonstrate this effectively.

Parts two and three of the book deal with pathology and radiologic imaging. The common tumours are described followed by the rarer ones, and the text is well illustrated with pathological plates. A useful descriptive chapter on intra-operative pathological examination of breast lesions including sentinel lymph nodes is followed by a topical and up-to-date chapter on the prognostic and predictive factors of tumours. This includes the use of gene expression tests such as the oncotype DX test and Predict tests, which are becoming increasingly important in determining individualised patient treatment. The chapter on breast imaging has brief discussions of mammography, ultrasound and MRI with generally good illustrations. While this should not be regarded as a comprehensive text for radiological images, it is nevertheless entirely sufficient to cover these aspects of imaging for the non-radiological members of the multidisciplinary team. There are also explanations of newer imaging techniques such as tomosynthesis,

*review continues ...*

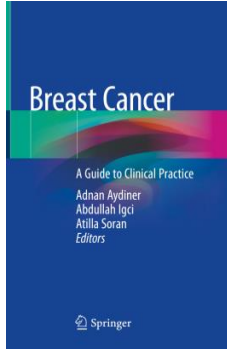
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*... review continued*

contrast-enhanced mammography and elastography followed by PETCT and PETMR.

The remainder of the book, parts four to eight, covers treatment options including neoadjuvant and adjuvant chemotherapy, surgery, radiotherapy and the treatment of metastatic breast cancer. These chapters tackle the personalised treatment of breast cancer in a clear and logical way.

Overall, this excellent book is to be recommended to the breast multidisciplinary team as a comprehensive overview of both accepted diagnostic and treatment pathways and current 'hot topics' with recent trials and advances in all disciplines explored and well referenced. Any specialist wishing to have a deeper understanding of the other disciplines within the team would benefit from perusing the appropriate chapters.

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August 14, 2019, please  
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