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Clark's Essential Guide to Mammography

Borrelli and Mercer

REVIEW INFO

REVIEW





CLAIRE BORRELLI • CLAIRE MERCER

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*Prices correct as at February 14, 2024, please call (01371) 812960 for current prices. Book reviewed by Lucie Magilton Griffin, clinical specialist advanced practitioner – breast imaging, Liverpool University Hospitals NHS Foundation Trust.

As the title suggests, this book is a neat, compact guide to mammography practice. It is divided into four sections that follow a very logical layout, which is easy to navigate. Each chapter is laid out with detailed, easy to follow instructions, guides, diagrams and photographs, with the first three sections containing their own references page, allowing readers easy access for further reading.

The first section, 'Key aspects of mammography practice', includes chapters on: breast anatomy; quality control and quality assurance within both screening and non-screening settings; and communication and consent, offering suggestions on how to deal with difficult situations regarding withdrawn consent and implant issues. There is also a nice chapter within this section on work-related musculoskeletal disorders and its impact in mammography, containing useful diagrams with hints and tips on how to avoid it, while promoting good practice.

The second section, 'Routine mammographic projections', takes the reader through a step-by-step process of producing high quality standard craniocaudal and mediolateral oblique projections. This is a very descriptive section, providing readers with a good explanation of how to position the patient and breast. This is a very useful guide for both students and qualified mammographers. The end of this section also includes chapters on tomosynthesis and imaging an augmented breast, including detailed step-bystep instructions on how to perform the Ekland technique.

The third section, 'Additional/modified mammographic projection', speaks for itself and contains many of the additional views a mammographer would need to perform, ie lateral and extended views, magnifications and *review continues* ...



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The fourth and final section, 'Useful information for mammographic practice', contains a list of medical terminology and their explanations. The list is extensive, spanning over 15 pages, and although vast, it covers many/all of the terms that a trainee or qualified practitioner would require, making this a very useful addition to the book.

Overall, this is a well written and laid out book that is useful as a pocket guide for students and also a reference book for mammographers new to training students. It not only shows the reader how to position for a mammogram but also how not to position, which can sometimes be difficult to explain to new trainees. This is a book that all students should have access to and would be a great addition to any department library.

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